



SPA & WELLNESS
THAI OFFER

EXPERIENCE

The ancient form of massage
right here in the Mediterranean



AMADRIA PARK

THAI SPA PONUDA // THAI SPA OFFER

AVAILABLE @SPA & WELLNESS MEDITERRANEAN GARDEN & @SPA JURE

Traditional Thai Massage | 50 min / 80 min |

550,00 kn / 800,00 kn

Jača masaža koja se obavlja različitim terapijskim tehnikama, vježbama istezanja te pritisicama na energetske točke na tijelu. Pomaže kod boli u leđima, ramenima i vratu, oslobađa od stresa, glavobolje te emocionalnih poteškoća.

Stronger massage that is performed by using various therapeutic techniques, stretching exercises and pressure on the body's energy points. It assists with back, shoulder and neck pain, stress relief, headache and emotional discomfort.

Thai Relaxation Massage with Aromatic Oils | 50 min / 80 min |

550,00 kn / 800,00 kn

Opuštajuća masaža cijelog tijela koja smiruje i olakšava bolove. Masaža pomaže u otklanjanju stresa, glavobolje, preopterećenosti i lošeg osjećaja te otklanjanju problema sa spavanjem.

Relaxing, calming body massage to help relieve pain. This massage assists in eliminating stress, overload and ill feeling, headaches and sleeping problems.

Thai Oil Fusion | 50 min |

650,00 kn

Kombinacija Thai Stretching i Deep Tissue masaže donosi energizirajuće rezultate te povećan raspon kretanja. Savršeno za aktivne osobe i one koji uživaju u stretchingu.

A combination of Thai stretching and deep tissue massage results in a more energised feeling and an increased range of motion. Perfect for active people and those who enjoy stretching.

Thai Leg Massage | 30 min |

350,00 kn

Thai masaža nogu djeluje opuštajuće na cijelo tijelo te pomaže u otklanjanju boli, napetosti i smanjenju umora.

Thai leg massage acts to relax the whole body and helps in relieving pain, tension and fatigue.

Thai Back Massage | 30 min |

350,00 kn

Tradicionalnom tehnikom i pritisicama duž kralježnice smanjuje se napetost i ukočenost, uklanja bolove u području leđa i vrata i pruža osjećaj rasterećenosti i razgibanosti

Traditional technique and pressure along the spine reduces tension and stiffness, eliminates pain in the back and neck providing a sense of restored balance and flexibility.

Thai Reflexo Foot Massage | 30 min / 50 min |

350,00 / 550,00 kn

Masaža akupresurnih točaka na stopalima stimulira rad unutarnjih organa, daje osjećaj lakote te poboljšava cirkulaciju.

Massage of the acupressure points on the feet stimulates the corresponding internal organs, providing a feeling of lightness and improved circulation.

De-stress Massage | 30 min |

350,00 kn

(masaža lica, vasišta i dekoltea / for face, scalp and décolleté)

Opuštajuća masaža vrata, glave i vlasišta, pomaže kod pojačanog stresa i napetosti.

A relaxing massage of the neck, head and scalp, assists with relieving stress and tension.

Amadria Park Thai Spa Ritual | 145 min |

1.300,00 kn

Tretman prirodnim morskim blatom koje opušta tijelo, umiruje grčeve u mišićima, ublažava ukočenost i lokaliziranu i prekomjernu masnoću. U kombinaciji s morskim solima, tretman uklanja mrtve stanice kože. Nakon tretmana slijedi masaža gdje se različitim terapijskim tehnikama otvaraju energetske kanali i pospješuje protok energije u tijelu, daje osjećaj duhovne i tjelesne ravnoteže.

Treatment with natural sea mud that relaxes the body, soothes muscle cramps and relieves stiffness, combines with sea salts to remove dead skin cells. This is followed by massage, and then various Thai therapeutic techniques for opening the energy channels to promote energy flow in the body, providing a sense of spiritual and physical balance.

THAI PLAŽA MASAŽA // THAI BEACH MASSAGE

Traditional Thai massage | 50 min |

550,00 kn

Thai Oil Massage | 50 min |

550,00 kn

Thai Reflexo Foot Massage | 30 min |

350,00 kn

Thai Back or Leg Massage | 30 min |

350,00 kn

Blitz Thai massage | 20 min |

250,00 kn

SPA & WELLNESS ETIQUETTE



Spa & wellness dress code

Dozvoljen je ulazak u saune bez kupaćeg kostima uz obavezno korištenje ručnika. Imajte na umu da naše saune zajednički koriste žene i muškarci. U svim ostalim spa zonama mora se nositi kupaći kostim.

Entry to the sauna without a bathing suit is permitted, however a towel must be used. Please note that our saunas are mixed gender. In all other spa areas a bathing suit must be worn.



Tuširanje / Showering

Tuširanje je obavezno prije ulaska u bazen, jacuzzi i saune i ako je potrebno i prije tretmana.

Showering is compulsory prior to entering the pool, Jacuzzi and sauna, and prior to treatment if required.



Rezervacija termina / Appointment booking

Kako biste odabrali željeni termin za tretmane molimo Vas kontaktirati wellness recepciju najmanje dan prije željenog termina.

To book an appointment for a treatment, please contact the wellness reception at least one day in advance.



Otkazivanje termina / Appointment cancellation

Rezervirani tretman može se odgoditi najmanje 3 sata prije zakazanog termina, u suprotnom klijent snosi 50% od cijene tretmana.

A booked treatment may be cancelled up to three hours before the scheduled appointment, otherwise the client is required to pay 50% of the treatment price.



Kašnjenje na tretman / Arrive on time

U slučaju nepredvidivih situacija zbog kojih klijent zakasni na termin duže od 15 min, uslugu možda nećemo biti u mogućnosti pružiti. Tretmani završavaju u točno predviđeno vrijeme kako kašnjenje ne bi utjecalo na slijedećeg klijenta. U slučaju kašnjenja tretman će biti naplaćen u cijelosti. Rezervaciju tretmana poslati ćemo na email.

In the case of unexpected situations where a delayed arrival of more than 15 minutes for an appointment occurs, we may not be able to provide the service. Treatments are scheduled to end at a precise time in order to avoid any delays affecting the next client. In the case of a client being late, we shall charge the entire treatment amount. Your appointment will be confirmed via email.



Dolazak na tretman / Preparing for treatment

Molimo da dođete 10 min prije zakazanog termina, kako biste imali dovoljno vremena da se pripremite za tretman.

Please arrive 10 minutes before your appointment so that you have sufficient time to prepare for treatment.



Plaćanje / Payment

Recepcija wellness centra prihvaća većinu kreditnih kartica te gotovinu za plaćanje. Svi hotelski gosti imaju mogućnost korištene usluge teretiti na račun sobe te platiti prilikom odlaska.

The wellness centre reception accepts payment in the form of all major credit cards and cash. Hotel guests may charge utilised services to their room and pay upon check-out.



Za vašu udobnost / For your comfort

Wellness centar je područje tišine, te poziva na opuštanje i mir. Pušenje i konzumacija alkoholnih pića nije dopuštena u unutaršnjem prostoru wellness centra, osim na wellness terasi.

The spa centre is an area of tranquility, for relaxation and unwinding. Smoking and alcoholic beverages are not permitted inside the wellness centre except on the wellness terrace.



Dobna granica / Age limit @Spa Jure

Korištenje spa prostora dozvoljeno je osobama s 18 i više godina. Gostima ispod 18 godina nije moguće odraditi masažu ili tretman.

Use of the spa is reserved for persons aged 18 years and over. Guests under 18 may not receive massage or treatment.



Djeca / Children @Spa & Wellness Mediterranean Garden

Djeca do 3 godine dozvoljeno je korištenje bazena samo uz korištenje pelena za vodu. Djeci ispod 16 godina dozvoljeno je korištenje bazena samo uz pratnju roditelja. Djeci ispod 16 godina nije dozvoljeno korištenje sauna i Spa zone. Djeci ispod 12 godina nije moguće odraditi masaže i tretmane. Djeca od 12 do 17 godina koji koriste usluge, roditelji moraju potpisati suglasnost.

Children up to three years are allowed to use the pool only with the use of swim diapers. Children up to 16 years are allowed to use the pool only if accompanied by parents / guardian. Children under the age of 16 are not permitted to use the sauna and spa area. Children under 12 may not receive massage, children from 12 to 17 require parental permission.

Spa & Wellness Mediterranean Garden | radno vrijeme / working hours: 08:00 – 20:00 h |

T + 385 22 363 970 | info.wellness@amadriapark.com

Jure Spa | radno vrijeme: sezonski fleksibilno / working hours: seasonal flex time |

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